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## *Creating an Action Plan*

Write out your impossible goal here:

Write out the 3 thoughts you came up with in the last exercise that will drive your results:

- 1.
- 2.
- 3.

## *Brainstorming*

Brainstorm from a place in the future. Spend some time thinking about what steps you will have to take to reach your goal. Write out everything you need to do to get to your goal. Approach this exercise as if you have the result in the bag. You can't be consumed by the "I don't knows".

## Major Categories :

Take the steps that you thought up and try to place them in 3-10 major categories. Along the way you may change your categories but start with what seems obvious.

1.

2.

3.

4.

5.

For each major category, list every step you will need to take to get to your goal. Don't worry about if you have the skill set or not, just use your creative powers to create a game plan. Go back to your obstacles sheet and list those under the categories if you can. If not, file them under obstacles.

## Creating your time line:

1. When do you want to achieve your result?
2. If you have a multiple year plan, write down what needs to be done in the next 5 years:
3. Write down what needs to be done in the next year:
4. What needs to be done in the next 90 days:
5. Break this down into weeks:

- Next 12 weeks:

- Next 10 weeks:

- Next 8 weeks:

- Next 6 weeks:

- Next 4 weeks:

Get your calendar and write out your game plan for the next 90 days. Can you use a "DO GOAL" for any of the steps? If so, write it down and get busy. This is the way you can get anything done. You dream, you create motivating thoughts, you create an action plan and then you get down to work. You CAN do hard things. Look back at your 10-15 accomplishments. Those were hard and you achieved your goals. This the same concept. Try not to be stopped by thoughts of failure. Hey, failure can even be an important part of getting any result. If you never experience failure, you will never learn what really works the best.